

Dr. Ben Talei's Lux AuraSpa Has Arrived

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HEALTH & WELLNESS

Wellness Spas are the New Face of Beauty in Beverly Hills

By Carole Dixon

Traditional beauty and medi-spas are slowly transforming into wellness centers where bio-hacking (manipulating your environment) is the norm and LED color light therapy is used more for injury than post-facial injections.

New to the RoxSan medical building on Roxbury and Santa Monica, AuraSpa Healing Center is an anti-aging medi-spa that encompasses a unique holistic approach to recovery and wellness through treatments such as LED Light, Hyperbaric Oxygen Chamber Therapy, IV Drips and more.

In an area with a dense concentration of medi-spas, what is AuraSpa bringing to

the beauty and wellness landscape?

"Our spa is considered a healing center based on the elements of air, water and fire," Dr. Ben Talei, MD, FACS tells the Courier. "We use a combination of homeopathic treatments to give our patients superior forms of natural healing. We love to employ a combination of hyperbaric oxygen, infrared LED light therapy and IV hydrational therapy or hydrating skin treatment."

What they are noticing, is patients are seeking more natural treatments and homeopathic remedies overall. "Our Auraspa healing center gives them proven options that will improve body health and healing," said Dr. Talei.

Turn on the Red Light

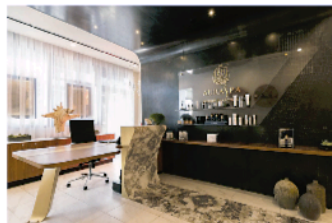
One such option that is taking center stage is the LightStim LED bed. While LED is nothing new for facials, this device looks like a high-tech tanning bed that you lie on for about 45 minutes while the light therapy goes into effect on your entire body, rather than just your face.

According to Dr. Talei, "It gives direct contact energy to the body. We know from prior research that LED has a substantial effect on chronic back pain. Using the device more and more we have noticed a greater variety of benefits, which include a decrease in inflammation, reduction of anxiety, improved healing and more rapid healing times."

And, the sporting world has taken notice of the recovery benefits of LED treatment as well. "Athletes have been

using hyperbaric oxygen, LED and cryotherapy (cold therapy) treatments to speed healing of injuries and help reduce overall body inflammation. They are so excited about these treatments that many have purchased these devices for use in their own homes," said Dr. Talei.

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Aura spa reception



Aura spa light stem